#### Challenging Behaviors:

#### \*Includes, but not limited to:

#### 

#### Uncooperativeness

#### Hyperactivity

#### Intimidation

#### Tantrums

#### Bullying

#### Verbal aggression

#### Elopement

#### Fighting

#### Self-injury

#### Physical aggression

#### Property destruction

#### Suicidality

#### Sexual aggression

#### Use of weapons

#### And more

#### Additional services and supports

#### that may be provided upon request:

* **Data Collection and Analysis**
* **Training on Positive Behavior Support Plans**
* **Training on Functional Behavior Assessments**
* **Information on Mental Illness Diagnoses**
* **Consultation with BCBA’s & Clinical Mental Health**
* **Training on Trust and Rapport**
* **Overview of Charting the LifeCourse**

**Safety-Care Training for Families**

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# **What is Safety -Care for Families?**

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**Contact the Division of Developmental Disabilities - Office of Clinical Administration**

[**Jamie.morris@state.sd.us**](mailto:Jamie.morris@state.sd.us)

*Safety Care by QBS.* <https://qbs.com/about-us/>

# **What is Safety Care?**

### 

### **Safety-Care® Behavioral Safety Training program provides the skills and competencies necessary to effectively prevent, minimize, and manage behavioral challenges with dignity, safety, and the possibility of change.**

### **Safety- Care training can help you:**

### **Understand how and why crisis events happen and how we may inadvertently contribute to them**

### **Prevent crises using a variety of supportive interaction strategies**

### **Apply simple, evidence-based de-escalation strategies**

### **Respond appropriately and safely to dangerous behavior**

### **Prevent the need for restraint**

### **Intervene after a crisis to reduce the chance for reoccurrence**

* **Customized version of the Safety-Care Curriculum that can be taught to family members and others who may provide in-home support.**
* **Provides prevention and minimization strategies**
* **Includes development of a Family Safety Plan**

### **How to Request a Training:**

<https://dhs.sd.gov/developmentaldisabilities/default.aspx>

**Phone: 605-773-3438**