**OUR MISSION**
Disability Rights South Dakota is the non-profit legal services agency dedicated to protecting and advocating for the rights and inclusion of South Dakotans with disabilities.

**TIPS FOR BEING AN EFFECTIVE SELF-ADVOCATE**

- Keep copies of ALL your records and reports.
- Ask questions when you have them. If you can’t ask your question right away, write it down or record it so you remember to ask it when you can later.
- Be heard! Remember that YOUR goals and objectives should set your life course.

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Funded in part by the US Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS)
Certain rights are provided to you as a client of a Mental Health Center in South Dakota, including, but limited to, those listed below. You have a right to:

- Receive a copy of your rights and responsibilities
- Be free of any exploitation or abuse
- Be treated with respect and dignity
- Receive an explanation of your diagnosis and prescribed medications, along with any side effects
- Be given the reasons why a certain treatment is considered appropriate
- Actively participate in your treatment plan, including any changes in that plan, to the greatest extent possible

- Receive treatment that is responsive to your needs as an individual in a nondiscriminatory manner
- Refuse extraordinary treatment as provided under SDCL 27A-12-3.22
- Refuse psychotropic medications, research, or experimental or intrusive procedures, unless otherwise provided under SDCL 27A-12-3.12
- Confidentiality of all records, correspondence, and information given during treatment as provided under South Dakota Codified Law (SDCL) 27A-12-26 and the security and privacy of Health Insurance Portability and Accountability Act (HIPAA) 45 CFR, Parts 160 and 164
- Review your case records, unless detrimental to your mental health as provided under SDCL 27A-12-26.1
- Be fully informed of the fees for therapy
- Assert grievances if your rights are violated
- Right to have access to advocacy services at any time
- Right to seek and have access to legal counsel
- Appeal to South Dakota Division of Social Services’ (SD DSS) Division of Behavioral Health a decision made by a center regarding ineligibility or termination of services, pursuant to SDCL 27A-5-1 and Administrative Rules of South Dakota (ARSD) 67:62:07:05 and 06